



Community Agency Request for Financial Support

Finance Department

Submitted On:

May 1, 2023, 11:19AM MDT

Organization Name (as it appears on the IRS Letter of Determination)	Senior Activity Center
Organization Address	Street Address: 427 North 6th Avenue City: Pocatello State: ID Zip: 83201
Organization Website	https://www.pocatelloseniorcenter.com
Contact Name	First Name: Anita Last Name: Valladolid
Contact Job Title	Director
Contact Phone	208-233-1212
Contact Email	senioractivities@ida.net
Board President (or equivalent)	First Name: Diane Last Name: Bilyeu
Board President Phone	208-241-8725
Board President Email	bilyeudi@gmail.com
IRS Letter or Copy of Bylaws	501c3.pdf
Board Approval for Application (board minutes or signed letter from board)	Board Letter.pdf
Does your organization have written internal financial controls?	No
City of Pocatello Funding	35,000.00 35,000.00
Government Funding - Other Cities	7,500.00 7,500.00
Government Funding - County	20,000.00 20000.00
Government Funding - State	131,345.26 131,345.
Government Funding - Federal	18,014.61 18014.61
Grant Support (itemize below)	25,833.18 20000.00
Foundation and Corporate Support	

Contributions / Donations	59552.89
Special Events	
Membership Dues Received	
Investment Income	1138.48 1138.48
Fundraising Income	21103.61 21103.61
Other Income (itemize below)	451.86
Please itemize your grant support sources.	City of Pocatello, CDBG Idaho Community Foundation Idaho Power United Way
Please itemize your other income sources.	
Total	302,439.89 302,439.89
Total Year to Date	439,083.94
Salaries	84,293.00 85,000.00
Employee Benefits	0 0
Payroll Taxes	6,788.64 6800.00
Professional Fees and Contracts	7,681.00 7681.00
Occupancy (rent, utilities, building and grounds)	22,325.02 22000.00
Specific Program Assistance	78,018.97
Supplies/Equipment	19,592.80
Membership Dues / Support to Affiliate Organization	969.00
Other Expenses (itemize below)	5,776.24
Please itemize your other expenses.	Advertising Expense 356.07 Bank Charges 124.88 Board of Director Expense 890.73 Donation Expense 500.00 Insurance Expense 4,665.00 Internet Expense 727.48 License & Permit 200.00 Postage 1,169.60 Printing 3,935.67 Promotional Expense 5,480.09 Repairs & Maintenance Expense 31,304.29

	Telephone Expense 2,645.61 Workman's Comp Expense 1,213.00
Total	278,657.09 278,657.09
What percent of your program budget would the City of Pocatello funding request represent?	14.9 14.9
Amount Requested	\$35,000.00
Did your program receive City of Pocatello funding last year?	Yes
If so, what was the amount received?	\$35,000.00
Will the entire approved City funding amount from last fiscal year be used by September 30, 2023?	Yes
How, specifically, would the grant money be used to support your program? Please list types of expenses (such as wages, fringe benefits, supplies, materials, etc.).	The City of Pocatello's contribution will assist the center to keep the doors open. The funds will go directly to fund utility bills, food and janitorial expenses, administrative cost, and any other expense related to the nutrition program.
Provide a description of the services you are currently seeking funding for, and what are the goals of the services.	<p>The purpose of congregate nutrition program is to reduce hunger and food insecurity, malnutrition, and promote socialization and well-being. The center serves a balanced meal that is prepared and served in a congregate setting.</p> <p>The center also provides nutrition education and counseling as well as exercise programs, classes, outings, and many other opportunities for older adults to stay healthy and active.</p> <p>The purpose of the nutrition program is to:</p> <p>(1) to reduce hunger, food insecurity, and malnutrition; (2) to promote socialization of older individuals; and (3) to promote the health and well-being by assisting such individuals to gain access to nutrition and other disease prevention and health promotion services to delay the onset of adverse health conditions resulting from poor nutritional health or sedentary behavior</p> <p>meal sites reduce isolation and increase socialization</p> <p>The Senior Activity Center services are intended for seniors to "Age in Place" meaning age at home. The center supports healthy aging by providing services' such as: Congregate Meals, Information and</p>

	<p>Assistance, Outreach and Education, Disease Prevention and Health Promotions, Elder Rights, Senior Medicare Patrol (Fraud Prevention), Dementia Resources, Chronic Disease Self-Management Education. The objectives of these programs is to provide:</p> <ul style="list-style-type: none"> • Access reliable and trustworthy information, services and supports • Stay active in the community • Plan for our own independent living need <p>Our center provides an opportunity for seniors to come together as a group for services and activities that will enhance their dignity, support their independence and encourage their involvement in their community.</p>
<p>Provide a description of the target population and activities you will conduct.</p>	<p>The older adult population of today is significantly more active and has more leisure time than in the past and many more are living longer. Their needs will continue to evolve over the next 20 years. Our senior center of the future will be serving people born over a span of about five decades. We have a diverse population in age, ranging from 50 to 90 year olds. To keep up with the diversity of seniors we offer a wide-range of activities. Exercise programs include: Fit & Fall, TAI CHI, and ZUMBA Gold. Card games include: Mahjong, Bridge, Mexican Train, Bunco and Pinochle. We offer dance classes, special dances, karaoke, creative writing, bingo, and Poky4Parkys a parkinson disease program. New classes being offered are really popular which are: crocheting, knitting, origami, and cooking classes. We also offer field trips, AARP driving class and tax assistance. The center also has a billiard and library room.</p>
<p>Please describe how your program is effective at addressing a current Pocatello community need.</p>	<p>New data based on the U.S. Census Bureau's 2021 American Community Survey, also known as the ACS, listing Pocatello as among the 20 fastest growing big cities in the nation. The area that the center serves will grow from 13,892 in 2021 to 19,727 in 2040 and to 21,256 in 2060. The 65 and older population by state, from the 2020 U.S. Census data indicated that Idaho increased 56% from 2010 to 2020. In 2022, the first complete year after COVID-19, we served 23,196 meals, 2,875 of those meals were served to veterans. Seniors participated 8,495 times in physical, recreational, or educational activities that were held at the center. The average meals served per month in 2022 was 1,933. This is up from pre COVID-19 by 1,000 meals a month. These figures include seniors who attended New Knowledge Adventure classes, which is an organization that is geared towards lifelong learning. We partnered with NKA in September of 2022.</p>
<p>How has your program evolved or changed over past years to better meet community needs (if applicable)?</p>	<p>Moving forward there will be an intentional effort to use consumer input to align existing programs and new program offerings with measurable outcomes, such as member satisfaction, wellness and life-long learning. Evaluation will be come a continuous process at the center. In order to attract the broad range of older adults we</p>

	need to maintain vitality and diversity. We are currently developing a new strategic plan that integrates the center into the heart of the community. Including sponsoring outreach and intergenerational programs so we can become the gathering spot of choice for diverse groups. One of our goals is to meet the needs of the over 50 population through accessible, innovative and multigenerational programs and services.
Number of full-time employees working in the program for which you are seeking funding	1
Titles/roles of all full-time employees of the program for which you are seeking funding.	Director
Number of part-time employees working in the program for which you are seeking funding	3
Titles/roles of all part-time employees of the program for which you are seeking funding.	Dishwasher, administrative assistance, and cook.
Number of volunteers working in the program for which you are seeking funding	75
Please provide a brief description of the volunteer duties for the program for which you are seeking funding.	Our volunteers help the center run smooth and efficiently, they assist to maintain an atmosphere of stable, friendly environment and support the center with a diverse range of tasks. We have about 75 volunteers, the volunteer coordinator is the go-to person to manage and support the volunteers. The tasks include office duties to preparing silverware to kitchen duties.
Number of Unduplicated Clients	1,999 2,500
Using the chart above, please provide information on the income level of the clients that your program is serving.	One person: under 65 years old-15% One person: 65 years and over-55% Two people: Householder under 65 years- 10% Two people: Householder 65 years and over 20%