



F A M I L Y

S E R V I C E S

A L L I A N C E

of Southeast Idaho

We're With You!



FAMILY
SERVICES
ALLIANCE
of Southeast Idaho

We're With You!

The mission of Family Services Alliance of SE Idaho is to promote safe and thriving families, work to end physical, sexual and emotional abuse, and provide victim support.





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Advocates offers services designed to help people who are in crisis and address physical needs.

- Emergency Shelter
- Safety Planning
- Crisis Intervention with Law Enforcement
- Court/legal advocacy
- Medical advocacy/Onsite Response with Sexual Assault Nurse Examiners
- Support and Advocacy Groups
- Address Economic Abuse (hygiene, etc)
- Housing Assistance



We're With You!

Counselors offer long-term emotional healing services designed to help people heal from the trauma of abuse.

- Individual Mental Health Counseling
- Sexual Assault Survivor Services
- Eye Movement Desensitization and Reprocessing Therapy (EMDR)
- Play Therapy
- Trauma-Focused Cognitive Behavioral Therapy (CBT)
- Parent/Child Therapy
- Therapeutic Groups
- Trauma-Informed Restorative Yoga Classes



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Thank you for supporting survivors in our community!

	<p>independence, safety and empowerment of all who access services. This is done by providing trauma-informed and evidence-based services in both a crisis intervention and long-term healing environment.</p>
<p>Provide a description of the target population and activities you will conduct.</p>	<p>Victims of domestic violence, sexual assault, stalking, human trafficking and secondary victims of domestic violence related homicide and suicide.</p> <p>Crisis intervention, emergency shelter, trauma-informed Yoga classes, safety planning, legal advocacy, medical advocacy, response with law enforcement and sexual assault nurse examiners, counseling, play therapy, and group support, housing assistance, etc.</p>
<p>Please describe how your program is effective at addressing a current Pocatello community need.</p>	<p>Family Services Alliance of SE Idaho, Inc. (FSA) saves lives. With early intervention, victims are able to increase their safety immediately. FSA advocates assist survivors as they navigate the Court process and hold their abusers accountable. FSA advocates assist survivors as they increase their physical safety, through providing emergency shelter, crisis intervention, housing assistance, and even financial assistance. FSA counselors increase emotional safety and well-being by providing evidence-based therapeutic interventions including Eye Movement Desensitization Reprocessing (EMDR) and Trauma-Focused Cognitive Behavioral Therapy (CBT), trauma-informed Yoga classes, support groups, therapeutic groups, etc.</p> <p>As victims are able to reduce isolation, increase empowerment, improve safety, and accomplish their goals, they thrive in the community. Victims become survivors through the healing process.</p>
<p>How has your program evolved or changed over past years to better meet community needs (if applicable)?</p>	<p>Many survivors participate in a variety of services. Offering a wide range of evidence-based and trauma-informed resources is key to the healing process and empowers survivors to create a plan of service that meets their individual needs and assists adult and child survivors as they cope with their trauma histories, plan for their safety, and increase their self-esteem. FSA staff work to assist victims in moving from instability and crisis to a more stable and safe environment (both physically and mentally). Additionally, FSA has responded to and prepared for COVID-19 or another pandemic. FSA maintained providing crisis intervention and long-term services during the pandemic but did make some modifications. These modifications remain in place and have reduced barriers to clients accessing services. FSA uses a telehealth system to ensure that victims of crime can access free and confidential mental health counseling and therapeutic groups either in person or via telehealth, which has reduced barriers related to transportation. At the same time, safety concerns can be addressed as someone uses telehealth to access support. With the addition of services via a telehealth system, FSA is responding to the ever-changing needs of the community. FSA is also very committed to in-person services, responding onsite with local law enforcement officers and providing</p>

	emergency shelter to those fleeing intimate partner violence. During the last twelve months, FSA has seen a significant increase in violence as individuals seek assistance with situations of domestic and sexual violence, stalking, human trafficking, and other forms of power-based personal violence.
Number of full-time employees working in the program for which you are seeking funding	8
Titles/roles of all full-time employees of the program for which you are seeking funding.	Executive Director Director of Administration and Finance Advocacy Program Director Counseling Program Director Advocate x 3 Administrative Assistance and On Call Advocate
Number of part-time employees working in the program for which you are seeking funding	7
Titles/roles of all part-time employees of the program for which you are seeking funding.	Counselor x 6 Advocate
Number of volunteers working in the program for which you are seeking funding	25
Please provide a brief description of the volunteer duties for the program for which you are seeking funding.	Volunteers serve in a variety of roles including interns (counselors in training), Board of Directors members, and crisis line advocates. Volunteers assist with a variety of tasks including hotline response, administrative duties, yard beautification, special one-time projects, and assistance with fundraising.
Number of Unduplicated Clients	2134 2140
Using the chart above, please provide information on the income level of the clients that your program is serving.	FSA asks all clients some demographic questions, including income levels. These are self-reported on a voluntary basis. Survivors of domestic violence often are victim to economic abuse and are unable to access family income. Self-reported data shows us that approximately 92% of victims coming in for services have no income or fall below the poverty threshold.